



News and Views

from LaRoe Remodeling



***The LaRoe
Advantage...
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Relax With an In-Home Spa Experience

Considering how stressful many of our lives are these days, it's no surprise that many homeowners are taking steps to make their homes as relaxing as possible. Setting yourself up for an in-home spa experience is one of the best, most luxurious ways to do so.



Principles of spa design

If you're thinking about remodeling your bathroom in order to make it as comfortable and luxurious as possible, there are several things you should keep in mind. Most people prefer to use natural building materials and colors in order to make their spa-bathroom as calming as possible. Also, if you're remodeling or designing a new bathroom, make sure to leave enough space in the bathroom for you to feel relaxed spending time there. You don't want it to feel hectic or claustrophobic. For the full spa experience, install a whirlpool or soaking tub and a detached shower with multiple showerheads. The tub you choose should be sufficiently long and deep to allow for comfortable soaking (for one or two people). If you want more options, you can also install a luxurious steam shower or sauna. Remember, it is very important to have high-quality construction work done. You won't be able to relax in your new bathroom



if you are constantly having to have it repaired.

Set the mood

The key to a rewarding in-home spa experience is setting the mood with beautiful lighting, aromas, and music. For lighting, home spas benefit from having natural light from either windows or skylights. You can also use scented candles, which provide relaxing light as well as soothing aromas. You can also get scented bath oils and salts, but be careful not to use too many different aromas – simple aromatherapy is often the best and most relaxing. For a truly relaxing experience, you can also bring music into your home spa with a built-in waterproof music system.

Equip yourself and enjoy!

There are many accessories that you can equip your home spa with. What about a towel warming rack or drawer? As previously mentioned, bath oils and salts will add to the experience. To enjoy your beautiful new home spa, block off some time where you will not allow yourself to be interrupted – you won't be able to fully relax if you're worried about checking your e-mail or answering the phone. Also, be sure to drink plenty of water – since you'll be spending a length of time in a warm, humid environment, you need to be sure to keep hydrated. Then, get your new tub going, light the candles, and pop in some music, and you're all set for a rejuvenating mini-vacation in the privacy of your own home. Enjoy!

Monthly Home Maintenance Tip

Snow and Ice Melt Tips

If your sidewalks and driveway get covered with snow and ice each winter, keep a bag of kitty litter, sand, or poultry grit in an easy to reach location (you don't want to have to walk across ice or snow to reach your bag). These products do not damage your concrete like salt can.

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